

## **Route through Dunmow – Way out**

After going through the underpass and along track to then turn left across the two small bridges to the main road.

Cross Main road and go through gap in hedge then turn right past car/4x4 garage.

Cross to right hand pavement and keep straight until top of the hill with Flitch Way Industrial Estate on the opposite side (Metal Arco –Motorway type railings on corner)

Cross road and run straight through industrial estate to far bottom right corner and through gap in hedge where car repair shop and mini busses are.

Turn right on path and follow path to main road by railings and bridge, then turn left along road till you get to Flitch way on left and follow to flitch way again on path to the right.

## **Way Back**

At end of Flitch Way at main road turn right and follow path to go under bridge.

Turn right then look for gap in hedge back into industrial estate (on left 25m after bridge at end of brick wall on left behind bushes)

Straight ahead to main road then cross over and turn right and follow footpath all the way to cross over road at the 4x4 garage

Straight on past the garage then after 50mts look left and go through gap in bush/hedge and cross main road.

Down lane and immediately turn right across two bridges and right to go back under the underpass.

Then follow path around to left and just after bridge turn right back up onto Flitch Way